



### Adolescent Treatment Program

The adolescent outpatient substance use treatment program provides evidence-based treatment for people ages 13-17. The program consists of individual and group counseling sessions, substance use educational sessions, and family/support system sessions. As adolescents need support to achieve long lasting recovery, family/support system participation is a required component of this treatment program.

**Our treatment team provides services including:**

- Screenings and assessments
- Individualized treatment plans
- Group counseling
- Individual counseling
- Independent living skills education
- Substance Use Education
- Parent/Support System counseling and supportive meetings
- Treatment Team Meetings
- Sober socialization activities
- Case management services
- Linkages to community supports and community services
- Coordination of services with outside agencies upon request

### About Us

The TCC Substance Use Disorder Treatment Team recognizes that recovery is a journey, not an event. Further, we value each individual's expertise into his or her own life experience and path to recovery. Our recovery oriented system of care exists to provide treatment and support services to everyone who is ready to make a positive change in his or her pattern of substance use. We strive to promote healing, restoration of relationships, and overall wellness for each person we serve.



### Contact Us

Phone: 903.957.4803

Fax: 903.630.8627

Website: [www.texomacc.org](http://www.texomacc.org)

Facebook: Texoma Community Center

All services are provided in compliance with the Civil Rights Act of 1964, as amended in the Americans with Disabilities Act (ADA) of 1990, HIPPA, and within 42 CFR Part 2 Final Rule, 2017.

Relay Texas, Voice-1.800.735.2988

Relay Texas, TTY-1.800.735.2989

**Hope, Help, Healing  
#Recovery**



**Recovery Oriented Trauma Informed System of Care focused on person centered recovery for each individual.**

### PROGRAMS:

- Adolescent Outpatient Substance Use Treatment
- Adult Outpatient Substance Use Treatment
- Specialized Women's Program
- Drug Offender Education Program (DOEP)
- Grayson County Family Drug Court (FDC)
- Office-Based Opioid Treatment (OBOT)
- Outreach, Screening, Assessment & Referral (OSAR)
- Recovery Support Services (RSS)
- Additional fee-for-services offered

**Located at  
315 West McLain Drive  
Sherman, Texas 75092  
903.957.4803**

**Crisis Line: 877.277.2226  
For emergencies 24/7 (365 days/year)**

### Adult Treatment Program

The adult outpatient substance use treatment program provides evidence-based treatment for people ages 18 and over. Individualized treatment plans determine length of treatment. Services provided include individual and group counseling and educational sessions, case management services, support system inclusion and sober socialization activities. As secure attachments to one's support system and community are necessary to sustain lasting recovery, family/support system inclusion is highly encouraged.

**Our treatment team provides services including:**

- Screenings and assessments
- Individualized treatment plans
- Group counseling
- Individual counseling
- Substance Use Education
- Family/Support System counseling and supportive meetings
- Treatment Team Meetings
- Sober socialization activities
- Case management services
- Linkages to community supports and community services
- Coordination of services with outside agencies upon request



### Specialized Women's Program

The Specialized Women's Program provides comprehensive, trauma-informed, gender-specific treatment services to a specialized population of women. With a distinct focus on adult females with dependent children, the women's program was developed with the goals of offering a diverse, yet cohesive, set of services aimed toward outpatient substance use treatment and prevention assistance.

**Our treatment team provides trauma-informed services including:**

Group and individualized therapy sessions focused on:

- Overcoming violence
- Coping with trauma
- Sexual and physical abuse
- Familial issues and reintegration
- Relationships—Spouse and Parental
- Substance Use
- Other mental health issues with a specialized focus on trauma and PTSD

Educational services including:

- Communicable diseases and risks of transmission to others
- Risks of needle sharing
- Overdose prevention education
- Naloxone education and local access
- Tobacco cessation strategies and treatment
- Reproductive health education
- Substance use effects on fetus
- Nurturing parent
- Interpersonal, daily living, and societal skills training

### Outreach, Screening, Assessment, and Referral (OSAR)

Outreach, Screening, Assessment and Referral is typically the first point of contact for individuals seeking substance use treatment services. The OSAR program provides confidential screenings and assessments for substance use disorders to determine level of care needed. Regardless of ability to pay, Texas residents who are seeking substance use services and information may qualify for services based on need.

To schedule an appointment or for more information please contact 903.957.4803, Monday through Friday 8a-5p. For immediate and confidential help, 24 hours a day, seven days a week please call the iCare line at 817.335.3022 or 1.800.866.2465.

### Office-Based Opioid Treatment (OBOT)

OBOT provides comprehensive medication assisted treatment services for persons who are in recovery from an opioid use disorder. The OBOT team consists of SUD counselors, contracted physicians and pharmacy to provide medical, counseling and prescription services. This is an outpatient, state-funded program available to those who qualify at no out of pocket expense. OBOT is a long-term maintenance program requiring a significant commitment from clients to attend required medical and counseling appointments. Priority population includes: pregnant/injecting users, injecting users, DFPS referrals, and individuals at high risk for opioid overdose.

### Drug Offender Education Program (DOEP)

Section 521.371-521.377, Texas Transportation Code, states that persons convicted of misdemeanor or felony drug offenses will automatically have their licenses suspended for a period of six months. In order to have their licenses reinstated, they must attend and successfully complete an education program on the dangers of drug use approved by the Department of State Health Services (DSHS).

Drug offender education is 15 hours in length and is designed to increase the knowledge of drug offenders by educating them on the dangers of drug use and associated illegal activities, to identify their own individual drug use patterns, and to assist them in developing a personal action plan to reduce the probability of suffering consequences of future drug use and illegal behavior.

Fees apply, and pre-registration is required. For more information or to schedule a pre-registration appointment call our office (class schedule is posted on our website).

### Additional Service Offered (by appointment only, fees apply)

- Alcohol and Drug Screening with Clinical Recommendation



### Recovery Support Services (RSS)

The goal of Recovery Support Services is to increase the prevalence and enhance the quality of long-term recovery from substance use disorders.

Recovery Support Services of your choice are available for those considering Medication Assisted Treatment (MAT) with suboxone or methadone, who are already in a MAT Program, or have completed a MAT Program. Some of the services available are listed below.

- Your choice of Recovery Coach
- Family and Supportive Allies inclusion in recovery related activities
- Transportation assistance to recovery related events and appointments
- Opioid overdose prevention education and access to Narcan
- Access to community meetings, events, and social service agency programs with Recovery Coach
- Monthly support system inclusion in sober socialization events
- Assistance in locating or finding: employment, supported housing, utility assistance.
- Health and wellness assistance
- Financial support to obtain vital documents (birth certificate, social security card, state issued ID, Driver License)