

Adult Outpatient Substance Use Disorder

Treatment

The outpatient substance use disorder treatment program provides evidence-based treatment for adult males and females; requirements include participation in a phase system including individual and group counseling sessions, educational sessions, and seminars. Family/support system involvement is highly encouraged.

Our treatment team provides services including:

- ★ Screenings and assessments
- ★ Group counseling
- ★ Individual counseling
- ★ Veteran's specific counseling
- ★ Family education/counseling
- ★ Sober social activities
- ★ Linkages to community supports
- ★ Coordination of services with outside agencies upon client's request
- ★ A focus on moving into a sober lifestyle inclusive of client's overall well-being in dimensions of: educational, financial, social, spiritual, occupational, physical, intellectual, environmental, and emotional.
- ★ Tele-health treatment services



About Us

The TCC Substance Use Disorder Treatment Team recognizes that recovery is a journey, not an event. Further, we value each individual's expertise into his or her own path to recovery. Our goal is to provide treatment and on-going support to everyone who is ready to make a positive change in his or her pattern of substance use, while promoting restoration and healing.

Contact Us

Phone: 903.957.4803

Fax: 903.630.8627

Website: www.texomacc.org

Facebook: [Texoma Community Center](#)

All services are provided in compliance with the Civil Rights Act of 1964, as amended in the Americans with Disabilities Act (ADA) of 1990, HIPPA, and within 42 CFR Part 2 Final Rule, 2017.

Relay Texas, Voice-1.800.735.2988

Relay Texas, TTY-1.800.735.2989



Focused on person centered recovery for each individual.

**315 West McLain
Sherman, Texas 75092
903.957.4803**

Crisis Line: 877.277.2226

For emergencies 24/7 (365 days/year)

PROGRAMS:

- ★ Outpatient Substance Use Treatment
- ★ Adult Specialized Female Outpatient Services
- ★ Outreach, Screening, Assessment, and Referral (OSAR)
- ★ Office-Based Opioid Treatment (OBOT)
- ★ Drug Offender Education Program (DOEP)
- ★ Fee for Service Classes
- ★ Tele-health Screening Services

HOPE, HELP, HEALING

#RECOVERY

Adult Specialized Female Outpatient Services (ASFOS)

ASFOS provides comprehensive, trauma-informed, gender-specific treatment services to a specialized population of women. With a distinct focus on **adult females with dependent children**, ASFOS was developed with the goals of offering a diverse, yet cohesive, set of services aimed toward outpatient substance use treatment and prevention assistance. Priority admittance to the program is offered to: **pregnant women, injecting female drug users, and women referred by DFPS.**

Our treatment team provides trauma-informed services including:

Group and individualized therapy sessions focused on:

- ★ Overcoming violence
- ★ Coping with trauma
- ★ Sexual and physical abuse
- ★ Familial issues and reintegration
- ★ Relationships—Spouse and Parental
- ★ Substance Use and Addiction
- ★ Other mental health issues with a specialized focus on trauma and PTSD

Educational services including:

- ★ Communicable diseases and risks of transmission to others
- ★ Risks of needle sharing
- ★ Overdose prevention education
- ★ Naloxone education and local access
- ★ Tobacco cessation strategies and treatment
- ★ Reproductive health education
- ★ Substance use effects on fetus
- ★ Nurturing parent
- ★ Interpersonal, daily living, and societal skills training

Outreach, Screening, Assessment, and Referral (OSAR)

Outreach, Screening, Assessment and Referral is typically the first point of contact for individuals seeking substance use treatment services. The OSAR program provides confidential screenings and assessments for substance use disorders to determine level of care needed. Regardless of ability to pay, Texas residents who are seeking substance use service and information may qualify for services based on need. TCC Substance Use Treatment Center offers OSAR Screenings on Mondays and Fridays either on a walk-in basis or with a scheduled appointment for individuals residing in Cooke, Fannin, and Grayson Counties.

To schedule an appointment or for more information please contact the OSAR line at 903.957.4816 Monday through Friday 8a-5p. For immediate and confidential help, 24 hours a day, seven days a week please call the iCare line at 817.335.3022 or 1.800.866.2465.

Office-Based Opioid Treatment (OBOT)

This team works in conjunction with a locally contracted physician and pharmacy to provide Medication Assisted Treatment (MAT) to clients in recovery from an opioid use disorder. This is an outpatient program and there is no charge to clients who qualify for services including: outpatient treatment, medications, and doctor's visits. This is a long-term maintenance program. **Priority populations include: pregnant/injecting users, injecting users, DFPS referrals, individuals at high risk for opioid overdose.**

Drug Offender Education Program (DOEP)

Section 521.371-521.377, Texas Transportation Code, states that persons convicted of misdemeanor or felony drug offenses will automatically have their licenses suspended for a period of six months. In order to have their licenses reinstated, they must attend and successfully complete an education program on the dangers of drug use approved by the department of state health services (DSHS). TCC Addiction Treatment Facility is proud to offer the drug offender education class approved by DSHS.

Drug offender education is 15 hours in length and is designed to increase the knowledge of drug offenders by educating them on the dangers of drug use and associated illegal activities, to identify their own individual drug use patterns, and to assist them in developing a personal action plan to reduce the probability of suffering consequences of future drug use and illegal behavior.

Additional Service Offered—Fees Apply (Call for Details)

- ★ Alcohol and Drug Screening with Clinical Recommendation (includes UA and breathalyzer screenings)
- ★ Anger Management Classes
- ★ Moral Reconciliation Therapy (MRT) Classes
- ★ D.O.T. SAP Assessments available by appointment. Fee is due at the time of service, call for additional details.

